



may 12, 2015

## hartford street zc news

### Fayan's "Substance and Name"

Plenty has myriad virtues; swept clear, there's not a mote of dust. Detached from all forms, identical to all things; taking a step atop a hundred foot pole, the universe in all directions is one's whole body --- but tell me, where does it come from?



A monk asked Fayan, "I hear that in the teachings there is a saying, 'From nonabiding basis are established all things' --- what is the nonabiding basis?" Fayan said, "Form arises before substantiation, names arise from before naming".

*Without tracks,  
No news.  
The white clouds are  
rootless---  
What color is the pure  
breeze?  
Spreading the canopy of  
the sky, mindless,  
Holding the carriage of the  
earth, powerful;  
Illuminating the profound  
source of a thousand ages,  
Making patterns for ten thousand forms.  
Meetings for enlightenment in the atoms of all lands---in each*



### public schedule

#### mondays

\*7:00 am zazen  
\*7:40 am morning chanting service  
\*last monday of each month, no morning schedule

6:00 pm zazen  
6:40 pm evening chanting service

#### tuesdays - fridays

6:00 am zazen  
6:40 am kinhin (walking meditation)  
6:50 am zazen

*place its Samantabhadra;  
The door of the tower opens---everywhere is Maitreya.*

The Book of Serenity One Hundred Zen Dialogues Tr. Thomas Cleary



hszc @ castro street fair 2004



## upcoming events:

**dharma talks** @10:15am, saturdays

**hszc speakers** -

- **Myō Lahey** - may 16,30 jun 6,13,27
- **Daiko Tanzen, David Bullock** - may 23, jul 25

**guest speakers** - **Laura Burges** - jun 20; **Anshi Daigi, Zachary Smith** - jul 11; **Dale Borglum** - aug 15; **Anshi Daigi, Zachary Smith** - sept 19; **Laura Burges** - oct 17; **Fugan, Eugene Bush** - nov 14; **Ryuei, Michael McCormick** - dec 12

**full moon ceremony** - **saturday, may 30th** - the full Strawberry Moon to the

7:20 am chanting service  
7:40 am soji (brief temple cleaning)

6:00 pm zazen  
6:40 pm chanting service

**thursdays study hour 7:30pm**

## saturdays

6:30 am zazen  
7:10 am chanting service  
7:25 am soji  
8:30 am drop-in instruction  
9:25 am zazen  
10:15 am dharma talk  
11:00 am refreshments/social\*

\* if a ceremony applies it will occur  
before social time

Algonquin tribes. however, in Europe they called it the Rose Moon. also because the relatively short season for harvesting strawberries comes each year during the month of june.

**study hour - thursdays @7:30pm:** the Vimalakīrti Sūtra. we can share books for anyone who wants to join in, or feel free to purchase a copy and join us (many are very low cost online, we focus on [Dr Thurman's version](#)). check our twitter page for any last minute changes in schedule.

**closure & schedule changes -**

no morning (only) zazen & chanting/service on the last monday of every month.

**founder monthly memorials -** [Issan's](#) is the 6th of each month and [Philip's](#) is the 26th (or closest dates to these if cant be on that day) evenings at 6:40pm or saturday mornings

**practice discussions at hszc are available with both Rev. Myo Lahey & Rev. Daiko Tanzen**, David Bullock. please call us, contact them directly, or email: [hszc108@yahoo.com](mailto:hszc108@yahoo.com) to request to schedule time.

### words from our Abbot: Rev. Myō Lahey

You could say that we practice mostly on our own, but in terms of sheer enjoyment nothing beats practicing with other people. I think that's partly what Dogen had in mind when he wrote his wonder essay "Just buddha and buddha". I don't think, I can't think of any other Buddhist luminary that made that particular point.

There's very often a kind of hierarchal, an implied hierarchy where Buddha's at the top and then you have sentient beings who are sort of somewhere down here in the mud. So, there's this sense that practitioners are always looking up and in fact the traditional verses of dedication that are used in Japan, most of them have the phrase we are looking up, we look up. But when you get right down to the secret teaching (chuckle), for the dharma wheel to turn with its full vigor it takes more than one buddha.

Some of you maybe who have had the experience with practice closely with a teacher have, sometimes you have that sense when teacher and student are sitting facing each other that teacher and student both vanish and whatever it is that is there as Dogen says, exhausts reality, completely.



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In that complete ingestion of reality only happens when there are buddhas facing buddhas. So I am happy to be doing that with you guys...

I'm certainly talking about body and mind falling away and I don't want you to think that is just Dogen's synonym for some kind of cool experience that you have. That's not what that means. Dogen is indicating that body and mind cannot help but fall away all the time.

[Valley Streams dharma talk 04 2015](#)



### Where's Rin?

On her walk across the US to raise awareness of Environmental Issues...



[Click here to find out!](#)



[bike to worship date for HSZC!](#)

### intro to Urban Bicycling Workshops

Free workshops to educate people on the joy of biking in San Francisco and to prepare for Bike to Worship Week. This workshop is open to the public and will cover the basics of how to pick the right bike for everyday riding in SF.

- May 21 | 6:30- 7:30pm | Most Holy Redeemer Catholic Church, 100 Diamond St [Details](#)

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**interfaith ride**

Sunday, May 30 | TBD

Myles Cowherd of the San Francisco Zen Center is working to organize this ride. If you're interested in participating, please let me know. Details coming soon.

**hszc history - 04/1990 newsletter****Poetry Benefit For Maitri**

The Maitri Hospice Poetry Benefit at the University of San Francisco March 4 was a great success. Some 600 people crammed into a large room at McClaren Hall to hear Philip Whalen, Diane DiPrima, Nathaniel Mackey, Judy Grahn and Allen Ginsberg. Beat luminaries such as Michael McClure and Lawrence Ferlinghetti sat in the audience.

Philip Whalen kicked off the evening reading poems that mixed erudition, nature observations, zen teaching and his own inimitable wit. Diane DiPrima followed reading a dialogue between the Virgin Mary and St. Elizabeth and excerpts from "Loba". Diane concluded with a new Revolutionary Letter which maintained that "The only war is the war against the imagination."

African American poet Nathaniel Mackey, who edits "Hambone" magazine, next read a Duncanesque suite of poems. Jazz musician Don Cherry showed up and began accompanying the end of Mackey's set on flute. Feminist poet Judy Grahn, who along with Ginsberg keynoted the national gay/lesbian writing conference that weekend, began by reading a poem on the ego-shattering power of love. Grahn accompanied herself on a synthesizer and used tapes (a la Laurie Anderson) for two final healing poems for rape and incest survivors.

Allen Ginsberg rounded off the evening accompanied by Don Cherry. Allen read an amusing work linking General Noriega and George Bush and another celebrating his sphincter. He concluded with a mantra poem to exorcise Jesse Helms and cigarette addiction. All in all, the evening moved over the full range of human experience. The healing spirit the poets engendered well reflected the warm, healing spirit of Maitri itself.

As MC and event organizer, it was a special joy to me to be able to present five poets whose work has so enriched my life over the years as well as to introduce my teacher, Issan Dorsey. The event couldn't have happened without the help of Father Alberto Huerta of USF, Tensho David Schneider who designed the beautiful poster, Ken Ireland who got the posters printed, Wilton Woods who was in charge of publicity and poster distribution, and David Sunseri who was in charge of the stage and set-up. Thanks also to everyone else who played a role in making this benefit a success. Video and audio tapes of the reading will be available for viewing at Hartford Street Zen Center.

—Steve Abbott

**HIV meditation group;** weekly meditation group for those living with HIV, their friends, families, community supporters & anyone who wants to join us!

**thursdays & fridays**  
**10:30am zazen**  
**11:00am garden socializing**

**meditation in recovery;** weekly meditation group for men & women in recovery from addiction  
**fridays, 7:30pm - 9pm**

**(women only) meditation in recovery;** monthly meditation group for women in recovery from addiction  
**first thurs, 7:15pm -8:45pm**

**(men only) meditation in recovery;** a monthly meeting for men in recovery from addiction  
**3rd thurs of every month, 7:30pm-8:30pm**

**board of director meetings;** you're invited to attend & observe!  
**second weds of each month, 7:30pm**



*please contact us for rental space as well, events, ceremonies performed by a zen priest - weddings, memorials, coming of age & baby naming events*

find other sf bay area lgbtqqi events [here](#) - or - [here](#)  
national, worldwide & other, holidays [here](#) (\*warning\* some are pretty silly)



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*Branching Streams*

MEMBER  
Affiliate Sanghas Network  
San Francisco Zen Center

Abbot, hartford street zen center --  
- Reverend Myō Lahey ---



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personal news, artwork &  
photography  
for future newsletters to  
KeiDo at*

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& equanimous! \_/\\_*

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